



The air is crisp, the leaves are beginning to turn, and Visiting Angels are very busy helping seniors happily age in their homes. As September whizzes by, we are on the home stretch of preparing for the **Walk to End Alzheimer's** on Saturday, September 28th in Manchester, NH.



Celebrating the Outstanding Efforts of these Angels this month!

Crystal Josey, Yvonne DeCesare, and Brenda Lord.

Employee of the Month

Judy Sevigny has been with the agency for 2 ½ years. Judy has had remarkable attendance. She works seven days a week and rarely asks for time off. This is true dedication to your clients. We also appreciate her flexibility and willingness to pick up additional shifts when needed.



Keep up the great work and continuing to bless our Visiting Angels with a great reputation!

Our Flock of Angels is GROWING!

We have expanded our services into the greater Concord area including towns of Hopkinton, Warner, Weare, Pembroke, Epsom, Pittsfield, and Chichester. If you know of someone with a golden heart who is looking for part-time work in these towns, please encourage them to call us or encourage them to take a look at our website which is www.homecareofnh.com

Home Stretch Efforts for The Walk to End Alzheimer's

Get Your Walking Shoes Ready!



We are just two weeks away from the **Walk to End Alzheimer's**. Again, this year, Debra is the Regional Director for the Central NH Walk. The **Walk** takes place on September 28th in Manchester. Our team goal is to raise \$25,000. Dollar for dollar, up to \$25,000, Visiting Angels' corporate office will match us! **We're reaching out to you to ask for your help in reaching our goal.**

Please help us reach our goal by either:

- 1) make a direct contribution or,
- 2) if you would like to be on our team, you can ask family and friends to sponsor you at the Walk to End Alzheimer's on September 28th.

Alzheimer's disease is the most costly disease in the United States now. It is officially an epidemic and the research being done is critical to finding a cure.

You Are Not Alone

Working Closely with the Alzheimer's Association



This edition is dedicated to those with Alzheimer's Disease and other dementia conditions. Visiting Angels in Auburn NH is highly dedicated to empowering and educating families who are caring for loved one with Alzheimer's disease or other dementia. It is one of the main focuses of our agency and we are here to let you know: **YOU ARE NOT ALONE.** Our staff of over 100 Angels are trained specifically to care for those with Alzheimer's disease and other dementias.

Corn Chowder with Wild Rice

Ingredients:

- 4 large ears fresh sweet corn, kernels removed (about 4 cups)
- Cobs, reserved and halved
- 6 ounce(s) (about 6 slices) thick-cut bacon, diced
- 1 sweet potato, peeled and diced (about 1 1/2 cups)
- 1 large Vidalia onion, diced (about 1.5 cups)
- 3 tablespoon(s) butter
- 1.5 teaspoon(s) salt
- 4 clove(s) garlic, minced
- 2 teaspoon(s) minced fresh rosemary
- 1/4 teaspoon(s) freshly ground pepper
- 3 cup(s) cooked wild rice

Directions:

In a stockpot over medium heat, combine cobs and 7 cups water, and simmer for 30 minutes. Remove cobs with tongs and discard; reserve stock.

In a stockpot over medium heat, cook bacon, stirring often, until cooked through but not crisp. Transfer to a paper-towel-lined plate.

Add sweet potato, onion, and butter to pot.

Season with 1/2 teaspoon salt and cook until potato and onion soften, about 15 minutes.

Add garlic and rosemary, and cook for 1 minute.

Add corn kernels, 5 cups of reserved corn stock, pepper, and remaining salt, and bring to a simmer. Transfer half of soup to a blender and puree until smooth.

Using a fine-mesh sieve, transfer pureed soup back into stockpot.

Stir wild rice and reserved bacon into soup.

Serve immediately.



Community Service in August

This past month was a delicious and melodious mixture of an Ice Cream Social at [Bentley Commons](#) on August 15th and Native American Flute Music & Storytelling at [Easter Seals](#) on August 29th.



Additionally a LARGE donation of dog and cat food was donated to ServiceLink as well as the Manchester Animal Shelter.



*Visiting
Angels care
everyday in
every way...*

Ladies Night Out

Excellent Turn Out!

A special thank you for all those who participated in our **Ladies Night Out** on Sept. 6th. **The event was a HUGE success.**

The vendors were awesome, the guests were well fed, and everyone had a blast shopping, eating, laughing, and enjoying a

great event for a great cause! We have already had requests for a repeat event next year.



We hope you enjoy this publication. Wishing you all a safe and healthy month.

*Sincerely, Debra Desrosiers, Director of
Visiting Angels*