



There's No Place Like Home Evie in Manchester

Evie grew up in Laconia as the oldest of five children. She is a powerful little lady with a beautiful heart who speaks of her family with tremendous love and devotion. As a young woman, she was a cheerleader and a drum majorette. Evie share her story of years past and even demonstrates how she used to strut proudly as the leader of her troupe in the Laconia City Band on Flag Day. Along with her very best girlfriend, she was known as "The Twirling Twins." She describes her prized baton which had lights on it as well as a flag that popped out of it! Her father, she reminisces with tremendous emotion, "was very smart." He furnish a case for her batons and decorated it with glitter which read "The Twirling Twins."



Evie married (her husband has passed now) and had two children. She also has one granddaughter. As an adult, Evie had a long, successful career at the Elliot Hospital and retired in 1993. She had many positions there, but most enjoyed working in the Radiology and Oncology Department due to the contact with the patients.

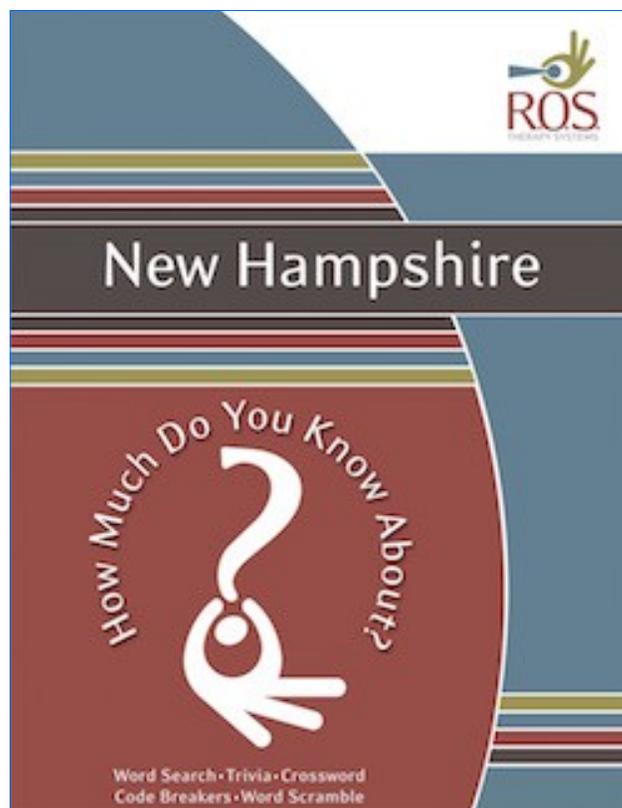
Evie enjoys comfortably aging in place in her cheery home, now with the help of her Visiting Angels who adore her.

Note: Client names are changed in this series of article to protect their privacy and security.

Free Activity Booklet about New Hampshire Available

Looking for something fun to do indoors? Activity books such as the "HOW MUCH DO YOU KNOW ABOUT" series are available on our ROS website, however, we are gifting our Visiting Angels families with one free book in PDF form. To get your download, have your caregiver or family member contact Ami at the office (483-8999).

Enjoy!!



Hip, Hip, Hooray!

We are very proud to share the great news! Visiting Angels of Auburn NH has been awarded the 2015 BEST OF HOMECARE AWARD.

This is our fourth year in a row receiving this award! Thanks goes out

to our clients, our fabulous caregivers, our office staff, and the families of our clients. We continue to encourage the great communication while we do our very best to be the best in homecare in NH.



Bed & Breakfast Respite for Caregivers

Caregivers, more than many workers, need a break! Where can they go where their story is understood, without even having to explain it? Is there such a place where they can really let down their guard and be nourished, honored, and get some much needed time off? If you know of a caregiver who would like to know about a unique resource devoted to them, let them know about Stonewall Farm, Bed & Breakfast in Hillsborough, NH. Stonewall Farm B&B is a dedicated Caregivers Respite Retreat.



Meg Curtis, owner, has walked in the caregiver's shoes herself. Her late husband, Skip, was robbed of much of his golden years by Alzheimer's disease. In response, Meg has turned her homestead into an oasis for caregivers offering a peaceful, historic, and charming respite destination. Plenty of land surrounds her lovely B&B offering outdoor activities as well as additional indoor activities such as massage therapy, Reiki, Meditation, and Grief Counseling.

Meg is offering a **30% discount for caregivers** visiting between February 15-May 31, 2015 Sunday through Thursday only. Visit: www.stonewallfarmbandb.com for full information or call Meg at 603-478-1947.

Caregiver Stars for January of the Month Donna M.

Donna M.

Donna is our Caregiver of the month for January. Donna picks up just about any shift when asked, has consistent, excellent communication with the office, and is a topnotch caregiver. She regularly gets great compliments from the families of clients she cares for. When asked what she enjoys about being a caregiver she says simply, "I enjoy taking care of them, just being there for them, whatever I can do to help." When asked about any advise she would pass along to new caregivers she says, "Educate yourself. There's a lot to learn and there's a lot out there. Education is very important." Finally, when asked about what she enjoys about working for Visiting Angels in Auburn she says, "I love the staff. Everybody is very helpful."



Caregivers of the Weeks for January 2015

Barbara S.
Caroline C.
Giselle B.
Angela B.

We appreciate you all for your thoughtfulness, reliability, caring, and outstanding service.

Well done!

New T'ai Chi Chih Class starts Feb. 9

6-week Beginner T'ai Chi Chih Begins Feb. 9, 2015
Time: 11am-12noon
At Visiting Angels at 14 Hooksett Rd. in Auburn NH
No experience necessary.

T'ai Chi Chih helps with balance, stress, and body awareness. Come join us. First class is free, so come see for yourself. For more information, call Ami Sarasvati at 603-483-8999.

