



Now that we've made it through one of the toughest winter on record, it's time to come alive again. Re-energize yourself by opening the windows and letting the fresh air in to re-awaken your body, mind, and spirit. Join us in welcoming in the nice weather!

There's No Place Like Home *Autumn in Derry*

Autumn lives in a classic colonial New Hampshire home with help from her Visiting Angel. She is enjoying "aging in place" in the home she has lived in for many years with her daughter and their adorable doggie. Every day, she cycles one to two miles on her indoor bike to stay healthy.



Autumn comes from a large family in Derry. In addition to raising her children with her late husband, she worked as a seamstress and in a shoe shop. She enjoys listening to country music by Johnny Cash, George Jones, and other artists. She also enjoys watching TV, reading, and sewing.

Autumn's Visiting Angel let us know how much she enjoys Autumn, "She is a very motivated woman with a great sense of humor. She is independent, warm, and just a terrific person."

We applaud Autumn for keeping herself healthy by riding her stationary bike daily. She is an inspiration and joy to have in our Visiting Angel family.

Note: We change names and other facts in this article to protect the privacy of our clients.

Alzheimer's/Dementia Education FREE LUNCH EVENTS for Caregivers

Educator: Debra Desrosiers, CSA, CADC, HCC/MC

Thursday, May 28, 2015

11:30 am - 1:30 pm
Hosted at Phaneuf
Funeral Homes
and Crematorium
243 Hanover St.,
Manchester, NH
RSVP 483-0001



or

Saturday, May 16, 2015

11:30 am - 1:30 pm
at Visiting Angels, 14 Hooksett Rd. Auburn NH
RSVP 483-0001

2 Contact Hours for credentialed professionals

FULL COURSE OFFERED!

CAREGIVER KEYS



Saturday JUNE 6, 2015 8 am - 4 pm
at Visiting Angels, 14 Hooksett Rd. Auburn

6.5 Contact Hours for credentialed professionals or families wanting more in depth knowledge to assist their family.

Fee: \$125 includes lunch, beverages, and course materials

To register call 603-483-0001.

Visit www.caregiverkeys.com to learn more.

Phaneuf Funeral Homes & Crematorium

Phaneuf Funeral Homes and Crematorium has been serving New Hampshire families since 1906. This family-owned company operates four full-service funeral homes, all with on-site chapels, and has their own crematories. Additionally, in 1995 they opened a sister company, the Cremation Society of New Hampshire, specializing in very affordable cremation with dignity. Between the two companies, they serve approximately 2,000 families per year.

Buddy Phaneuf is the president and a fourth generation funeral director in his family. Buddy's sincerity, warmth, and sense of purpose speaks volumes as to why the family business has earned an excellent reputation in the community. His staff includes their own licensed funeral directors and embalmers, certified crematory operators, executive staff, and administrative staff. The company offers a wide range of services, packages, and options for many different needs, preferences, religions, and budgets.

By serving the public with compassion, professionalism, and fairness, they have become the largest privately-owned funeral and cremation provider in New England. One of the great advantages of working with such a deeply established firm is the relationships they have developed with local providers poised to help their clients during a time of grief and stress. Phaneuf's concierge services include setting up hotel accommodations, dining reservations, transportation arrangements to and from the airport and other locations, obituary writing, assistance with probate, baby-sitting or house-sitting coordination, wheelchairs rentals, and much more.

Families are encouraged to know their options for advanced planning, which is different from pre-funding. Documents can be accessed on their website **Phaneuf.net**.

For more information, call them at 603-625-5777 to set up a time to meet with them and see their NH facilities located at 243 Hanover St. (downtown) Manchester, 250 Coolidge Ave. (west side) Manchester, 172 King St. in Boscawen, or 101 Union St. in Littleton.

Caregiver of the Month

We are so fortunate to have Judy as one of our amazing Angels! Judy has been a Visiting Angel since 2009. She is truly devoted to her client. The office staff describes Judy's dedication as "off the charts" based on how she really puts her client first.



Judy L.

What does Judy best like about being a Visiting Angel? "It is great to take care of my client. I enjoy my work everyday. We have a great team of Angels [for her client] and I love being part of a team. I enjoy making a difference for people and helping out." When asked what one piece of advice she would pass on to new caregivers, she says, "Listen carefully. They [our clients] have stories to tell and they'd like people to listen."

From the office staff:

Judy is an exceptional caregiver. She has one client and she is highly devoted to him. Her dedication is so evident. She works a split shift for him so he has consistency of care. We are truly blessed to have Judy on our Angel team.

Caregivers of the Week

Ruth G., Janice L., Roger M., Ashley O.

We appreciate you all for your thoughtfulness, reliability, caring, and outstanding service!

Community Service *The Inn at Deerfield*

This month, Ami Sarasvati (our Marketing Liaison who is also a healing arts practitioner) visited The Inn at Deerfield on April 9th. Ami led the residents through a T'ai Chi class followed by playing the Native American flute for them. The participation for the class was outstanding. After the exercise, the sounds of the Native American flute was a new and enjoyable experience for the residents as well as the staff.

